Pheed Philly

At Home Casserole Program

La Salle College High School has partnered with Mother of Mercy House (MOMH) over the past 3 years to serve those experiencing poverty as well as the working poor, immigrant and elderly populations. For more information about MOMH, please visit their website at <https://motherofmercyhouse.org/>.

You can help support their mission by making casseroles at home that will be distributed to those in need.

**Here’s How it Works:**

1. Prepare your favorite casserole in aluminum foil pan. 1/ 2 Pan (12.75 X 10.375) or 9 X 13
2. Please try to include a protein in the recipe.
3. Write on the lid or tape a piece of paper on the casserole including;

* Name of the dish or a simple description
* Any instructions such as:

- “Thaw before cooking and cook at 400 degrees for 1 hour”

- “Cook frozen for 2 hours at 350 degrees”

- “Fully cooked, just heat until warm”

4. Take some action shots and email to Mrs. Guiliani ([GiulianiG@lschs.org](mailto:GiulianiG@lschs.org) or Mr. Clark [ClarkL@lschs.org](mailto:ClarkL@lschs.org) (included your name and year)

5. Bring the casserole to school **frozen**.

6. Drop off at Campus Store or Director of Lasallian Mission and Ministry Office (Mr. Clark).

Only bring **FROZEN** casseroles to school!

For some ideas google – Freezer friendly casseroles, make and freeze casseroles.

Thank you and have fun while serving others!